



SOPHIE BASHFORD

Avalon Priestess Training May 2024: Sample itinerary

Thursday 2nd May - Arrival day

Arrive at Garth Barns from 4pm and settle in

Welcome dinner + short informal introduction from Sophie 

Friday

AM Session - Opening Ceremony; The Role of the Priestess

PM Session - Opening to Channel with the Avalon Priestess; Calling in Your Avalon Purpose (Initiation/Energy work)

Saturday

AM Session - Creating Safe + Sacred Space for Healing; Journey to Receive Your Avalon Priestess Light Codes (Initiation/Energy Work)

PM Session - Giving Intuitive Readings (+ practice work)


Sunday

AM Session - Giving Energy Healing with Avalon Light (+ practice work)

PM Session - Giving Oracle Card Readings (+ practice work)

Monday

AM Session - Deep Cellular Healing of Past-Life Priestess/Healer Wound (Initiation/Energy work)

PM Session - Energetic + Practical Boundaries; Ethics; Self-Care, Self-Love + Self-Resourcing
Welsh Storytelling Evening with Christine Watkins, Storyteller Priestess 

Tuesday

AM Session - How to be a Priestess in the Modern World (incl. how to charge for services, being visible); Final Sharing Circle

PM Session - Extra practice work (free choice); Completion + Closing Ceremony

Wednesday 8th May - Departure day

Farewell breakfast

Check out at 10am

N.B. As my work is deeply intuitive this itinerary is subject to changes in the order of sessions/content. The topics above will be covered, and more information will be supplied in a printed Handbook that is yours to keep.

Also available as optional extras:

- **FREE guided relaxation, integration & meditation sessions** (early morning & evening)
- **Holistic massage treatments** with wonderful local therapist (book in advance; approx. £50 per hour)